



VILLAGE LIFE

MISTY CLIFFS CONSERVATION VILLAGE
COMMUNITY NEWS AND INFORMATION

MISTY CLIFFS VILLAGE ASSOCIATION

hiking / wildlife / conservation / fire / safety & security / pics of the season / important numbers



Summer 2025



V I L L A G E L I F E

A Misty Cliffs Village Association Publication

Summer 2025

Where the mountains meet the sea

Tucked between Kommetjie and Scarborough, about a 45-minute drive from Cape Town, Misty Cliffs is a small, secluded village perched on the mountainside. With just 43 houses, this intimate community is named after the ethereal mist that drapes over the cliffs and beach for much of the year.

Though the beach is small, it's perfect for a peaceful stroll or a seaside picnic on the soft sand. The powerful waves make swimming unsafe, but they attract surfers in search of big, barreling swells. For families and nature lovers, the rock pools offer a fascinating glimpse into the intertidal world, teeming with marine life.

Misty Cliffs remains blissfully untouched by commercial development – there are no shops here, so be sure to bring what you need. Nearby Scarborough and Kommetjie offer cozy cafés and restaurants for when you're craving a bite.

This is a place like no other. Misty Cliffs welcomes you with its rugged beauty, abundant wildlife, and the unmistakable scent of fynbos and ocean air. Whether you're here for a weekend or a lifetime, you'll feel at home. Breathe in, slow down, and enjoy every moment.

Thank you to Roxanne Forbes for the cover photograph.

Thank you to Roxanne Forbes, Seema Khehar and Bev Meldrum for the inclusion of their photographs.

www.mistycliffs.org.za

Please do not remove this copy.

You can download the PDF of this magazine at www.mistycliffs.org.za



The Misty Cliffs Village Association is a registered Public Benefit Organisation based in Misty Cliffs, a conservation village on the Cape Peninsula surrounded by the Table Mountain National Park and Baskloof Fynbos Private Nature Reserve. The objectives of the Association are to promote activities that advance the interests of, and benefit, the community. This includes monitoring development in the village to ensure that building regulations are complied with and that the impact on the environment is minimised. The association also aims to promote awareness of the unique natural environment of the area and encourage its preservation and maintenance.



Welcome to the latest edition of Village News – a magazine dedicated to our Misty Cliffs community and many visitors. We may all be different but we are united by our commitment to this beautiful place where the ocean meets the mountains with fierce, unfiltered beauty. This small village along the wonderful wild coast of the Cape may look quiet from a distance: but look closer and you'll find a community humming with energy, character, and a shared responsibility for protecting the environment that surrounds us.

In this edition we dive into the issues that matter most to those who live in and love Misty Cliffs. From safety and security to responsible parking, refuse removal and the ever-present negotiations with our baboon neighbours, we unpack what it means to coexist respectfully in one of the most beautiful places in the world.

We also celebrate the people who make this place special – including a local couple whose story is woven into the rhythm of this coastline. Enjoy looking into the past in our “A Little History” article that tells the story of soldiers on their way to war, stopping for a braai at Misty Cliffs.

And of course, we explore where to eat, what to do, and how to make the most of every windswept, salt-soaked moment here. Misty Cliffs isn't just a destination – it's a way of being. Enjoy.

Gavin Betty
Acting Chairperson
Misty Cliffs Village Association





OUT AND ABOUT

Outdoors

One of the most breathtaking places on the planet, Misty Cliffs is not just a spectacular sight – it's a playground for outdoor lovers and adventure seekers. Whether you're craving adrenaline or a quiet moment in nature, this stretch of coastline is unforgettable.

Witsand Beach draws wind, kite and classic surfers, as well as stand-up paddleboarders. The waves here are powerful and best suited to experienced riders. If you prefer to keep your feet on solid ground, there are stunning walks to enjoy. Just behind Scarborough lies the Baskloof Fynbos Private Nature Reserve, home to a network of breathtaking trails with sweeping views and exceptional biodiversity. Access requires a day or annual permit, available at The Hub on Main Road, Scarborough. From Hilltop Road, three official circular routes set off across varied terrain with truly spectacular vistas. One leads to Kleinplaas Dam – but due to safety concerns, it's best tackled in a group. It is also worth noting that the nearest public ablutions are in Scarborough.

For a gentler outing, the coastal walk from Misty Cliffs to the Crayfish Factory is a must. This scenic shoreline path offers dramatic ocean panoramas and the opportunity to spot seabirds and marine life. This includes Southern Right whales between July and November.

A short drive away, Cape Point Nature Reserve offers pristine hiking routes to Venus Pools – one of Cape Town's hidden gems – where you can swim in a crystal-clear natural rock pool.

Whether you're hiking through fynbos-covered slopes, chasing waves, or simply soaking up the vista, Misty Cliffs is an outdoor paradise that never disappoints.



Baskloof

Baskloof Fynbos Private Nature Reserve straddles the mountains around and behind the Conservation Villages of Misty Cliffs and Scarborough. Created by Ivan and Danielle Harris, with a deep commitment to conservation of the incredible fynbos in the area, the team is committed to active conservation, protection of Baskloof, and managing our natural resources sustainably. Day and Annual Permits can be bought at The Hub on Main Road, Scarborough. R250 per person per annum or R60 per person per day. All proceeds go towards the upkeep, alien clearing and conservation of the nature reserve.

www.baskloof.com

THE SCONE SHACK



One of my favourite spots in Cape Town is the magical Scone Shack, tucked away between Cape Point and Scarborough on Plateau Road. I usually head there after an icy swim in Simonstown or at Venus Pools in Cape Point, but it is worth the drive there regardless of whether a swim is part of the outing. I love the piglets trotting around, chickens and other farm animals strutting their stuff, and a farm-like vibe with a quirky edge. A fabulous spot with tables and chairs spread around in little clusters mean that you don't feel like there are a lot of people there - even when there are! The scones are particularly delicious - baked in a wood-fired oven and served with a range of unique home-made jams. There are plenty of other dessert treats to choose from, but I stick with the classic: warm, freshly baked scones and a pot of coffee!

Linda Martindale



DOG WALKING

Misty Cliffs is home to many dog owners, and our community thrives on mutual respect and consideration. Rather than creating tension over dog-related concerns, we've worked with the Area Manager of Table Mountain National Park to clarify the official rules and regulations for dog walking in our area. To help ensure that everyone enjoys our beautiful surroundings responsibly, these guidelines are available on our website at the link below.

<https://mistycliffs.org.za/conservation/dogs.html>

A LIFE IN ART, LOVE AND LIGHT

Meet the locals

A little window into the lives of Old Camp Road locals, Van Zyl La Grange and Stanley Cohen

The stars aligned when two young South Africans with a shared passion for music, art, people and teaching crossed paths at a Southern Suburbs school in the late 1960s. What began as an easy friendship grew over years into a deep creative partnership—and a life together marked by adventure, service and a generous love for those around them.

Van Zyl studied at Paarl Teachers' College before completing a Diploma in Special Education at Stellenbosch, focusing on Psychology and Art. He believed that music and art could transform a classroom—softening learning, stimulating curiosity, and unlocking literacy and numeracy. Stanley followed his own artistic path, studying at the Colleges of Education in Graaff-Reinet and Cape Town.

Their careers eventually converged at the Cape Town College of Education, where for more than two decades they shaped a generation of teachers with equal measures of rigour, creativity and joy. Long before that, though, each had already left a mark on one of the city's most treasured institutions—heading the Frank Joubert Art Centre (today the Peter Clarke Art Centre).



At just 22, Stanley was handed the keys to the vandalised and derelict manor house Vredenhof in Newlands. With remarkable tenacity, he collaborated with the architect to restore the building into a vibrant centre for young artists, laying the foundation for the thriving art school that still stands today. His early success in restoration set the tone for their personal life too: together they lovingly restored two vintage semi-detached houses in Sandvlei, crafting their dream home where they lived for 41 years before retiring to the city four years ago.

Their home is a living gallery of the life they have built—Artworks, shelves filled with curious artefacts from charity shops and antique stores, and treasured pieces gathered from travels and friendships across the world. Every corner holds a story.

While teaching at the college, they also taught Art at Casa Labia in Muizenberg and at the Iziko National Gallery. Here they met Jorje Pringle, a long-time resident of Misty Cliffs, who was drawn there by its raw beauty.

Meet the locals cont ...

Van Zyl recalls, "It was rural, isolated, stunning!"

"One morning, Jorje invited us to visit. Arriving at noon, Stanley settled in a chair overlooking the sea, spellbound. At eight that evening, he was still sitting in the same position. Jokingly, I remarked that I had never seen Stanley so relaxed and that, clearly, we needed a place here! Just like that, a plot became available and in 1996, we bought it from Louis Venter!"

For more than a decade they enjoyed the untouched slope and its sweeping views. Then friends started asking the inevitable question: "You have one of the most beautiful plots—why don't you build?"

At the time, they were invited to Mauritius, to teach Art at an NGO in Quatre Bornes twice a year. In addition to In-service Training of Teachers in schools, they shaped income-generation programmes for unemployed youth and developed projects for the rehabilitation of prisoners on the island. After twelve years, the Mauritius chapter closed. They sensed that it was time to pour their energy into something new—building on Old Camp Road.

Their approach was simple: Respect the mountain, honour the sea, and build a home that would age gracefully with them. "We tried to keep the excavation to a minimum", Stanley explains. "We planned for the future, ensuring easy access, parking and generous space. Because of the width of the plot, every room has a view of the ocean."

Van Zyl La Grange and Stanley Cohen with Margaret Gardiner (Miss Universe 1978) after a film shoot at their home in 1988.

What do they love most about Misty Cliffs?

"The magnetism of mountain and sea," they say. "The sky, the mystique, the intimacy of scale, the isolation. The wild climate: howling wind one day and complete stillness the next. Storms. Freezing cold and "hot as hell." Constantly changing moods of the sea, rendering the palest blues and greens or the deepest and darkest greys. Sometimes calm, sometimes fierce. The sound of the waves, deafening or soothing, ALWAYS grounding. Sunsets that never look the same."

For Van Zyl and Stanley, Misty Cliffs is more than a home. It is a sanctuary, a muse, a companion.

A place where a lifetime of creativity, generosity and love has found its perfect horizon.



WILDLIFE AT MISTY CLIFFS

CARACUL

These beautiful medium-sized cats are at home in most parts of South Africa, and the Cape Town area is no exception. Caraculs are shy and will avoid human contact, but are surviving in urban and peri-urban spaces out of necessity. There are focused efforts to conserve these striking creatures, especially in urban areas as they are at risk due to habitat loss and traffic. It is a treat to see one, and you just might in the Misty Cliffs area.



ROCK HYRAX/DASSIE

The Dassie, or Rock Hyrax, is a common sight in this region. They are hardy little creatures that live in family groups in rocky crevices, and are mostly active in the mornings and evenings due to their lack of ability to regulate their temperature adequately. They forage in groups, within 50 metres of their home, with one male keeping a watchful eye out for their predators, of which there are many!



LOCAL SNAKES

If you find a snake in your home or garden, please call a snake rescuer who will remove and set it free elsewhere. There is usually a fee attached to this, but it's a small price to pay for keeping nature thriving. Please see the back cover for numbers of local snake experts.



PARKING MATTERS



We live in a piece of paradise! This means there will be lots of visitors, film shoots, and cars coming and going. There is not enough parking at Misty Cliffs! Please be kind and considerate in your parking.

For the parking spot owners

- Make sure you have good signage that mentions it's a private parking spot and no parking is allowed without the owner's permission.
- Let your guests know how many parking places you have access to and that any extras will have to park on Main Road, or arrange 'legal' places with your neighbours for a short time.
- If you are OK with the public parking there when you are not home, ask them to leave a phone number on the dashboard so you can contact them.
- Consider a penalty for illegal parking – a wheel clamp with proceeds donated to a charity.

For the guests

- There is a limited number of parking places at the house you are visiting.
- If you arrive in more cars than allocated spaces or if you invite friends over, they must park legally elsewhere. Don't assume the neighbours are not going to need their spaces. Contact the owner or house manager to ask about spaces next door, if available.
- Don't block or narrow the road by parking "nose-in, angle or double" in a parallel parking space.
- Be considerate and respectful to the owners who are often dealing with this every weekend.

DOGS AND OUR LOCAL OTTER FAMILY

Misty Cliffs is home to a family of African Clawless Otters who are 'near threatened' and protected under South African law. Residents and visitors are encouraged to do all they can to avoid disruption of these shy mammals, and dogs must be leashed around the sanctuary. Please take note of signage to protect this family.



A BIT OF HISTORY

House-by-the-Sea

*Tales from Dr JJ du Pre le
Roux's Cottage*

“During the Second World War we used to take soldiers who were docked in Cape Town out for a drive to Misty Cliffs, or Scarborough Extension as it was known then,” says Pat Kerr, who was around ten years old at the time. “Petrol was rationed those years, so you could only use your car over the weekends!”

It was quite normal for citizens of Cape Town to treat these young men, who were on their way to war, to a day out of entertainment. Pat’s father regularly fetched a couple of soldiers and took them for a drive over Chapman’s Peak, a gravel road in those days, including a stop in Misty Cliffs for a braai and sometimes, some dune surfing on wooden boards!

They would head home via Fish Hoek, with an ice cream at the Spotty Dog in Retreat if they were lucky, before dropping the soldiers off at the ships.

Back then, it was just an empty plot, but in 1945 Pat’s parents built a rondawel and it became their weekend and holiday getaway spot.

They did not have running water to the home, but a swim in the rock pool where the otter family now lives was part of their daily rhythms. “I don’t think there were any otters living there then,” she laughs, “That is where we would ‘have a bath’ in those days!”



Doris du pre le Roux (nee McFarlane), Pat’s mother





She sometimes wonders what happened to those service men. One ship she knows was torpedoed once it had left Cape Town; how many made it? She does not know. But her family played their small but important role in the lives of those young men. "My mother used to write to their relatives overseas," Pat explains. "She would sit down on a Monday afternoon and write to the families telling them she had seen their sons, and giving them news."

For some it would have been the last comms they had regarding their sons.

"We used to knit scarves at school for the soldiers – it took about a term to knit one scarf but they would be sent off to the soldiers; it was a small way of supporting them." The family also 'adopted' a mother and small son in England, to whom they would send parcels and letters. She still remembers his name.

"Strange time, it was a strange time," she says quietly.

Pat (Patricia Kerr) nee du pre le Roux died on 10th October 2025 at the age of 95.



Keith and Pat Kerr at the Housie-by-the-sea



Jon, Hilary and Mike and Andrew Kerr

REFUSE REMOVAL



LIVING AMONG THE CHACMA BABOONS

Misty Cliffs is home to the Chacma Baboon, also known as the Cape Baboon, a highly social and intelligent species that has roamed the mountainous Cape Peninsula for thousands of years – long before human settlement. While they are not considered threatened as a species, urban expansion has increasingly brought them into contact with people, often creating conflict.

Living in close proximity to nature means sharing our environment with these remarkable primates. However, their curiosity and adaptability sometimes leads them into human spaces, where they are often viewed as ‘pests’. Proper baboon management is essential to maintaining a peaceful coexistence, and one of the most effective ways to reduce human-baboon conflict is by keeping garbage and food sources securely out of their reach.

By taking simple precautions, we can respect their place in the ecosystem while minimising negative encounters – ensuring a better balance between humans and wildlife.

Living on the edge of nature the way we do, means we have to be extra careful how we manage waste. If we do not manage our waste disposal responsibly, baboons become habituated to getting a free high-calorie meal in the village and they will take up residence in the cliffs above, ready to descend whenever they can. This has terrible consequences, impacting on so many issues, and disrupting our ecosystem. These guidelines will help:

Q: What day is refuse collection day?

A: It is Tuesday. Please do not put your refuse out before sunset on Monday to avoid wildlife interference.

Q: Why is it crucial that ‘wet’ refuse goes into black plastic bags INSIDE the bins?

A: The truck cannot go up Old Camp Road so the bins are emptied by hand. If refuse is NOT in black plastic bags, it will be ignored.

Q: How do we handle the baboons and bins?

A: The subcontractor comes **before** sunrise on Tuesday morning to avoid the baboons. The bin should be a baboon-proof bin with a lockable lid. Some bins are in combination-locked enclosures and the code is often 0000.

Q What do we do with the recycling?

A: It goes into the clear bags and is left **beside** the wheelie bin every second week. The city uses a separate recycling subcontractor to collect that. Check the Misty Cliffs WhatsApp groups for which weeks recycling can be put out. The baboons have learned they don’t have calorific value so they ignore recycling.

Q: When is it best to bring your bin in?

A: Bring the wheelie bin inside ASAP; otherwise walkers, builders, and visitors put refuse in the bin during the day, creating issues with wildlife.

Obey these simple rules and the baboons will forage in the mountains (as they should) and you can enjoy your G&T on the deck (as you should).

SECURITY



FIRE SAFETY



Misty Cliffs has a low crime rate, largely because the community funded a security camera system that covers main routes, key junctions and perimeters with both infrared and thermal cameras. They are monitored by Omnivision, and CIS based in Scarborough, respond. Crime has dropped to nearly zero and the few incidents have been restricted to petty theft. The efficacy of the system depends on ongoing community financial support, the quality of cameras, proper installation, and regular maintenance. It has made a marked impact on the security of Misty Cliffs. **Some tips to stay safe:**

- Never leave laptops, cameras, brief cases etc. in your car, day or night.
- Never leave laptops, cell phones, wallets, purses, handbags, keys etc. unattended in the house. When you go to bed take these things with you and lock internal doors.
- If you have an alarm, make sure it's armed at night, even if you're present.
- If you're absorbed in TV or a good book, make sure all your doors and windows are locked on the inside.
- If you're aware of a break-in happening during the night, DO NOT confront the burglars, but quietly phone the home's security company so that there's a good chance of catching intruders red-handed.
- If you don't have an alarm or have not set it, don't expect any generosity from your insurance company if you're robbed.
- Keep a lookout for unfamiliar people or vehicles wandering around the neighbourhood. Notify your security company of any such sightings.

The Western Cape is highly prone to wildfires, particularly during the long, dry, and windy summer months. While fire plays a natural role in the fynbos ecosystem, helping to regenerate plant life and maintain biodiversity, uncontrolled fires pose a serious threat to homes, livelihoods, and the environment. **Some fire safety tips:**

- Remove alien vegetation as far as is possible from your surroundings, especially if you have an empty plot.
- Create a firebreak if you are on the edge of natural spaces.
- Always have a large container of sand nearby.
- Don't leave open fires unattended and smother them with sand when done.
- Don't allow children to make fires without adult supervision.
- Dispose of hot ash and coal away from any flammable plant material or rubbish.
- Make sure there are no illegal or faulty electrical connections in or near your home as they can overheat and start a fire.
- Keep the area around your home clear of materials that can burn, such as firewood, kindling, and rubbish.
- If you burn rubbish, do so on cooler days when there is no wind.
- Dispose of lit cigarette butts responsibly and carefully.
- Do not use fireworks or flares.
- Report veld fires immediately by calling the City Emergency number: 021 - 480 7700.

COMMUNITY NOTICEBOARD

Misty Cliffs Village Association AGM

This will be held on **18 December 2025** at 6pm via Zoom. Please watch for details on the MC Social WhatsApp group.

Snake and Reptile Rehabilitation Centre

Don't miss this excellent opportunity for anyone interested in learning and observing some of the most fascinating reptile species. Enjoy the opportunity to learn many interesting facts about the animals, and get up close and personal with some of our scaly friends!

www.minimoshows.org

Misty Cliffs Village Association Communications

If you are a homeowner, manager or renter in Misty Cliffs and would like to be added to our newsletter mailing list to keep updated with information, please email us: secretary@mistycliffs.org.za

Coastal Seaweed and Wild Plant Foraging

Join RE Wild Food for a half-day experience where they will introduce you to some of our local edible seaweeds and wild plants. Enjoy a wild-food inspired, plant-based 4-course meal with paired organic wines. Email lindy@rewildfood.co.za or WhatsApp +27 (0) 825736123.

PIC OF THE SEASON



Top Pic

*A Misty Cliffs Rainbow Delight
- by Roxanne Forbes*

Summer, Winter, Autumn, Spring - each season at Misty Cliffs boasts its own special allure. This photograph captures the natural beauty of a stormy day and rainbow over the ocean. This edition's winner will receive a voucher for tea and scones for four at the Scone Shack. Don't forget to capture those amazing moments for the next edition of Village Life.

Please email your photographs taken in and around Misty Cliffs, along with a caption and your full name, to villagelife@mistycliffs.org.za

BUSINESS AND SERVICES



the green room
Kommetjie

Located in the heart of Kommetjie, The Green Room is a perfect blend of surf culture, great food, and chilled-out vibes. After a day of surfing, exploring, or just soaking up the Cape Town sunshine, swing by and enjoy everything we have to offer.

From the freshest seafood to the tastiest Mexican bites, juicy burgers, and unique specials, we pride ourselves on using only the best ingredients.

Our menu is packed with mouth watering options that cater to every craving, whether you're in the mood for something light or a hearty meal. Don't forget to pair your meal with one of our signature craft beers or a chilled cocktail.



Open Daily 9am - 9:30pm / 066 078 6317 / 12 Huskisson Way, Kommetjie
www.thegreenroomkommetjie.co.za

Landscaping



Landscaping and sourcing of plants, servicing the Scarborough, Misty Cliffs, Noordhoek, Kommetjie, Fish Hoek areas.

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At Blue Kiwi Conscious Eatery & Specialty Deli, we believe in wholefoods that are fresh, flavourful, and made with care. Our ingredients are sourced locally and seasonally, bringing you everything from nourishing deli meals and wholesome breakfasts to free-range favourites, colourful plant-based options, and beautifully crafted traditional and vegan sushi.

With something for every style of eating, we're here to serve honest food that's both satisfying and full of goodness

Harbour Bay Mall Dido Valley Road Simon's Town
Email: liz@bluekiwi.co.za | WhatsApp: 078 938 3494



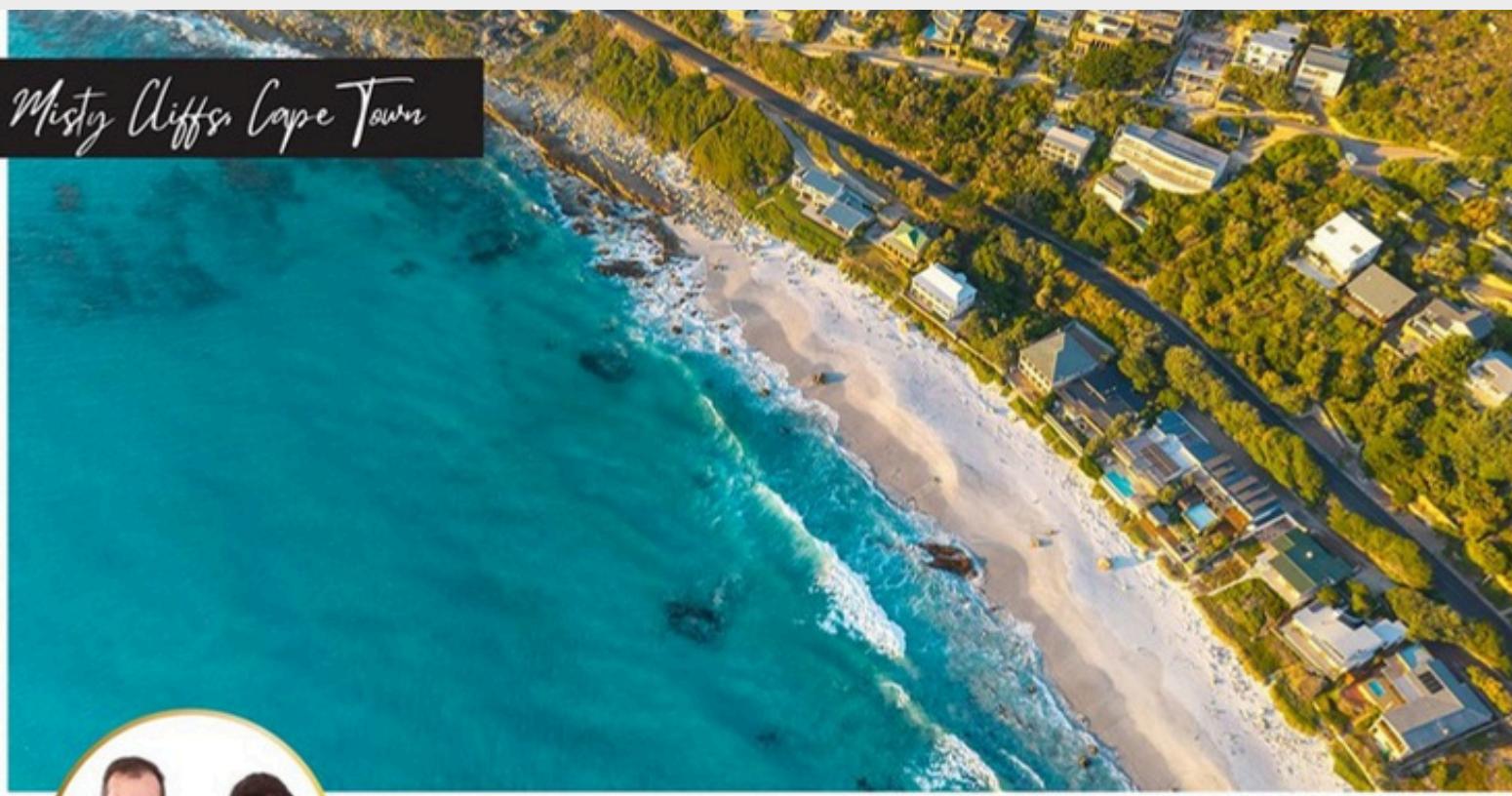


Come for coffee

MONDAY -
SUNDAY
08:00 - 17:00

021 783 4545 EXT 3

Misty Cliffs, Cape Town



SCARBOROUGH & MISTY CLIFFS

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JAWITZ

PROPERTIES

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Kommetjie & Co: Your Ultimate 4-in-1 Local Food Stop

Whether you're a long-time local or enjoying a seaside Airbnb getaway, Kommetjie & Co has dinner sorted. Skip the debate on what to eat and head to the spot that has it all—4 delicious options, all in one place!

Get a taste of the coast with our unbeatable line-up:

Kommetjie Fish & Chips:

The classic local favourite you crave.

Green Room Express:

Serving up mouth-watering Smash Burgers.

Rotisserie:

Grab a fresh, free-range Chicken for the family.

The Cone Collection:

Treat yourself to delicious ice cream for dessert.



Fresh food, local vibes, and drinks all under one roof.

Come hungry!

Open Daily 11am - 8pm / 068 231 3789 / Shop 5, The Village Place, 3 Erica Road, Kommetjie



Enjoy hiking the beautiful footpaths of Baskloof

R250 per person per annum
R 60 per person per day

The permit fee contributes to path maintenance, signage and alien clearing.

Get your required permit here at the Village Hub for a selection of hikes starting from Hilltop Road



Danielle Harris 082 680 6188 / www.baskloof.com



SOPRA

TABLE & TIDE

FORAGERS DELI

COFFEE STATION

ROBERTO RICCI DESIGN

BALLO & SHINE SHINE

The Village Hub is the trusted local source of wholesome and organic produce. It is also home to Sopra Restaurant, Foragers Deli, The Coffee Station & Bakery, Roberto Ricci Design attire, and the Juice Bar and Artisan Ice-Creams. Come explore!

Scarborough Main Road

Open daily 07h00 – 22h00

thevillagehub.co.za

IMPORTANT NUMBERS



FIRE

021 400 3908 - SIMONSTOWN
021 444 0111 - KOMMETJIE ROAD



CITY OF CAPE TOWN
0860 103 089

MEDICAL EMERGENCY

021 782 4444
082 782 4444
021 782 0606



POLICE

021 480 7700
112
(FROM A CELL PHONE)



BABOON HOTLINE
071 588 6540



www.mistycliffs.org.za

SNAKES

REPTILE RESCUE - 083 244 5194
ASHLEY - 084 818 0954
STEVE (DEEP SOUTH REPTILE RESCUE) - 064 681 0779

